

Health Convenient Acquirement with One Stop Multi-Services – Development Goal of Community Health Stations

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introduction

About health promotion in the early stage, our hospital were invited occasionally by village office and social community associations nearby. However, we arranged various activities such as health education lecture. But we found the ways of health promotion were too passive between hospital and communities, and it was hard to achieve the efficacy. In order to enhance the performance, we expand Health stations to five districts nearby hospital.

Results

The number of station was increased from 40 to 64. Nowadays, 10 kinds of services were provided. We added glucose and cholesterol check, health consulting, medical referral (community nurse), cancer screening (case manager), dietary guidance (dietician), medication consulting (pharmacist), dementia screening (psychological consultant). Personal Cloud System assisted medical staff to interact with visitors in time. And personalized health information could be checked from individual “mobile application”. Thus, there are 7.7 times increasing of visits (7343 in 2009, 64117 in 2015).

Purpose and methods

In view of above, we cooperated with communities (i.e. village office, church). We recruited local volunteers to operate Health stations. Each local resident who visits stations were tabulated. Initially, Health stations provided measurement (i.e. BMI, BP, abdominal waist), delivering information of health promotion. Then we plan to add service items gradually and arrange medical staff to provide their professionals regularly. We also develop Personal Cloud System enhances the operation efficiently and turn passive to be active.

Conclusion

We are keeping to establish Health stations. The Health network with one stop for multi-services connects communities with hospital for entire scale. In the future, the network will link national long-term care system. Let Health stations where elderly is willing to visit become a friendly place, reduce the burden of care giver and achieve great performance of health promotion.

